

2024-2025 Assessment Plan
 Exercise Science

2024-2025

Exercise Science Learning Outcomes

Interpersonal Skills

Student demonstrates the ability to develop and manage working relationships, a key component of a professional in the field of Exercise Science.

MEASURES	RESULTS	ACTIONS
<p>Practical Assessment</p> <p>Students in the 2nd year of the Exercise Science program have a practice client experience. As part of that experience, the practice client(s) complete a survey of the student's performance based on interpersonal skills, exercise knowledge, and professionalism.</p> <p>Indirect - Survey</p> <p><i>Practical Application of Program Design: EXSC 2640</i></p> <p>Target</p> <p>80% of students receive an average rating of 4 out of 5 or better on their client surveys.</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>

Exercise Knowledge

Students demonstrate a vast knowledge of physical fitness assessments, exercises and necessary variations, and training program development.

MEASURES	RESULTS	ACTIONS
<p>Exercise Comprehension</p> <p>Students in the 2nd year of the Exercise Science program have a practice client experience. As part of that experience, the practice client(s) complete a survey of the student's performance based on interpersonal skills, exercise knowledge, and professionalism.</p> <p>Indirect - Survey</p> <p><i>Practical Application of Program Design: EXSC 2640</i></p> <p>Target</p> <p>80% of students receive an average rating of 4 out of 5 or better on their client surveys</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>
<p>Practical Assessment Exam</p> <p>Students in the 1st year of the Exercise Science program complete a practical assessment exam</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>

Exercise Science

<p>that tests their knowledge/skills of coaching exercise.</p> <p>Direct - Exam (Course)</p> <p><i>Exercise Principles and Methodology: EXSC 1690</i></p> <p>Target</p> <p>80% of students receive an 80% or better on their practical assessment exam.</p>		
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Professionalism

Students demonstrate the ability to manage a schedule and continue to develop and enhance their skills and understanding in their area of expertise.

MEASURES	RESULTS	ACTIONS
<p>Practical Assessment</p> <p>Students in the 2nd year of the Exercise Science program have a practice client experience. As part of that experience, the practice client(s) complete a survey of the student's performance based on interpersonal skills, exercise knowledge, and professionalism.</p> <p>Indirect - Survey</p> <p><i>Practical Application of Program Design: EXSC 2640</i></p> <p>Target</p> <p>80% of students receive an average rating of 4 out of 5 or better on their client surveys.</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>
<p>Self-Assessment Survey</p> <p>Students in the 2nd year of the Exercise Science program complete a self-assessment survey.</p> <p>Indirect - Survey</p> <p>Target</p> <p>80% of students give themselves an average rating of 4 out of 5 or better on their self-assessment surveys.</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>